Chance or choice

'Evolution' unfolds in two ways, by outward expansion and inward contraction. We evolve in both directions simultaneously. Breathing in and breathing out are both necessary to sustain our evolving life.

This evolution is expressed in the form of concentric rings, moving inward like rings on an archery target as we aim closer to the purposeful centre to hit the bull's eye. Yet this evolution also ripples outward, like the rings of water on a pond when a pebble is dropped into it.

As we boldly go where we have not been before, we earn promotions to greater concentric rings or spheres of influence. Our responsibility, and reward, like in any well-run business, though, continues to grow. This outward progression is infinite; but at any stage we can also reverse the waves on the

pond, and move inward to the centre bull's eye, to that single point called Unity. It is this central point, which further guides our evolution along. Ultimately, all Being expands toward greater Light, and simultaneously returns to the One for nourishment. Our Sun is most dark and dense at its core, and most brilliant and ethereal on its surface, yet all energy remains in perfect balance. Balance is the key.

We choose the events of our lives. Even choosing not to choose is itself a choice, earning only the pyrrhic luxury of being a 'victim' to outside circumstance or victor of the inner world. Every choice has a consequence, as every cause has its effect.

Each circumstance may be linked to a stone, used either to build upon, or weigh us down. As the river cuts its way inexorably through the hardest rock, we may dissolve any stone

through the universal solvent of Love and Gratitude.

Every time we practise our Love and Gratitude with Humility, we are permitted to evolve to a greater sphere. Each time we choose, socalled rightly or wrongly, we dictate our own boundaries by the resulting circumstances of that choice. If we think imbalance, then our lives become a lopsided reflection of that imbalance, just as our eyes see a blurred world if the eye muscles are out of balance. If we consciously practise our search for balance, as we might exercise our eye muscles to bring vision into better focus, we learn to see through the eyes of Love and Gratitude for all circumstances. Wisdom and growth occur at such moments. Our Soul places no limits upon us . . . we choose our own fences. May we become centered and poised for our infinite expansion.



Demartini JF. The Wisdom of the Oracle. 1st Books Library. 2001.



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