Paint Chainte

Pain is not necessarily bad, and pleasure is not necessarily good. Though certain religious dogmas have unwisely taught us that we are degraded by partaking of Life's feast and that we become holier by whipping ourselves, this is but un-wisdom. It all depends on our perception of what simply is. Our thoughts alone define what we consider to be a reward or a punishment, though both are equally valuable lessons from our Creator. These lessons guide us upward on the golden pathway of evolution.

Experiences of pain and pleasure must be equally served to obtain balance and vitality. Muscles must be exercised consistently at their limit to achieve maximum growth. 'No pain, no gain' has a certain validity. Use it or lose it.

When we Love the Light of Truth, it is reflected from us bright as a beacon to other seekers. We are here to learn to embrace both sides of Life. We cannot accumulate a great quantity of one side of wealth without the other side. Every coin must have a heads and a tails!

Source

Demartini JF. *The Wisdom of the Oracle*. 1st Books Library™; 2001.



DR JOHN DEMARTINI, BSC, DC. www.drdemartini.com info@DrDemartini.co.za

He is a leading inspirational speaker, authority on human behaviour, teacher and author. His knowledge and experience are a culmination of 35 years of research and study of more than 28 000 texts in over 200 disciplines ranging from psychology, philosophy, metaphysics and theology to neurology and physiology.